



Comitato Regionale Sardo

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20° EDIZIONE DAL MARE ALLA MONTAGNA ORGANIZZAZIONE: SOS IDDANOESOS VILLANOVA MONTELEONEI: 29 AGOSTO 2022

JUNIOR PROMESSE SENIOR DONNE SF Mt 18000

1	21	151	PORCU	GIULIA	JF	NU149	ATLETICA ORANI	1h 28' 04"
2	122	177	OGNIBENE	ALICE	SF		RUNCARD	1h 55' 33"
3	141	176	MARRAZZO	ALEXANDRA	SF	SS283	RUNFAST SASSARI	2h 01' 09"

SENIOR DONNE SF35 Mt 18000

1	92	155	SALIS	MICHELA	SF35	CA012	ATLETICA SELARGIUS	1h 47' 38"
2	148	160	SERRA	ANNALISA	SF35	CA253	ISOLARUN	2h 03' 22"

SENIOR DONNE SF40 Mt 18000

1	137	159	FIORI	ARIANNA	SF40	CA253	ISOLARUN	1h 59' 36"
2	139	157	DEIDDA	MELANIA	SF40	CA239	CAGLIARI ATLETICA LEGGERA	2h 00' 54"
3	164	163	PERUZZU	ANGELA	SF40	SS026	STUDIUM ET STADIUM	2h 15' 21"

SENIOR DONNE SF45 Mt 18000

1	48	165	CANTARA	LEONARDA	SF45	SS181	GS MONTE ACUTO MARATHON	1h 36' 45"
2	58	180	FERRARO	MARCELLA	SF45	SV561	PODISTICA SAVONESE	1h 40' 15"
3	68	181	ALTEA	ANTOLLA	SF45	CA211	CAGLIARI MARATHON CLUB	1h 42' 26"
4	99	168	PERINU	DANIELA	SF45	SS208	ALGHERO MARATHON	1h 49' 34"
5	100	179	PALAGI	GRAZIA	SF45	LU106	ATL CAMAIORE	1h 49' 50"
6	126	153	SERRA	MARIA VITTORIA	SF45	SS257	SOS IDDANOESOS	1h 56' 06"

SENIOR DONNE SF50 Mt 18000

1	34	164	MUREDDU	PATRIZIA	SF50	SS122	ATL LEGG LURAS	1h 32' 45"
2	83	167	PANAI	GIOVANNA	SF50	SS208	ALGHERO MARATHON	1h 46' 17"
3	105	170	ZEDDA	DANIELA	SF50	SS208	ALGHERO MARATHON	1h 50' 49"
4	156	174	CORRIAS	ORNELLA	SF50	SS245	ATLETICA ITTIRI CANNEDU	2h 10' 13"
5	163	175	PISONI	ANTONELLA	SF50	SS245	ATLETICA ITTIRI CANNEDU	2h 15' 14"
		152	CHESSA	MARTINA	SF50	SS257	SOS IDDANOESOS	
		156	LOI	ANTONELLA	SF50	CA198	ASD OLYMPIA VILLACIDRO	
		161	BARACCO	BARBARA	SF50	PV947	GRUPPO PODISTI CIARLASCHI	
		162	PORCU	RITA ANGELA	SF50	SP136	ARCI FAVARO	
		166	DESSI'	MONICA	SF50	SS208	ALGHERO MARATHON	

SENIOR DONNE SF55 Mt 18000

1	110	173	PIRAS	VIRGINIA	SF55	SS217	PODISTICA SASSARI	1h 51' 55"
2	111	169	SORIGA	ROSSELLA	SF55	SS208	ALGHERO MARATHON	1h 52' 08"
3	142	182	SCANO	DONATELLA	SF55		UISP	2h 02' 05"

4	153	172	FOE	MARIA GRAZIA	SF55	SS217	PODISTICA SASSARI	2h 06' 33"
5	159	158	MILIDDI	ROSALBA	SF55	CA239	CAGLIARI ATLETICA LEGGERA	2h 13' 24"
6	165	171	ANGIONI	PATRIZIA	SF55	SS217	PODISTICA SASSARI	2h 15' 23"
7	167	178	TALLUTO	LAURA	SF55		MSPI	2h 18' 10"

SENIOR DONNE SF60 Mt 18000

1	160	154	PIGA	MARTA	SF60	CA002	S G AMSICORA	2h 14' 02"
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JUNIOR PROMESSE SENIOR UOMINI SM Mt 18000

1	2	1	PULINA	SIMONE	SM	SS220	A.S.D.ICHNOS SASSARI	1h 18' 06"
2	26	76	MASIERO	DAVIDE	SM	SS064	CCRS SORSO	1h 29' 43"
3	27	61	CADEDDU	MATTEO	SM	OR209	POLISPORTIVA RUNNERS ORIS1	1h 29' 48"
4	42	25	RUGGIU	MICHELE	SM	SS257	SOS IDDANOESOS	1h 34' 55"
5	63	101	DORE	GABRIELE	SM	SS217	PODISTICA SASSARI	1h 41' 26"
6	87	136	TERZI	MATTIA	SM		RUNCARD	1h 46' 57"
7	88	122	ZARA	FABRIZIO	SM	SS283	RUNFAST SASSARI	1h 46' 58"
8	94	111	CROCCO	ANDREA	SM	SS245	ATLETICA ITTIRI CANNEDU	1h 48' 23"
9	154	84	BUTTAU	ROBERTO	SM	SS173	SOC ATL TEMPIO PAUSANIA	2h 06' 47"
		7	CADDEO	ANTONIO	SM	SS257	SOS IDDANOESOS	

SENIOR UOMINI SM35 Mt 18000

1	5	50	CASU	FILIPPO	SM35	CA253	ISOLARUN	1h 21' 43"
2	7	99	CANU	ANGELO	SM35	SS217	PODISTICA SASSARI	1h 22' 45"
3	10	198	TODDE	ANGELO	SM35	SS093	POD AMATORI OLBIA	1h 23' 45"
4	11	69	USAI	ROBERTO	SM35	SS026	STUDIUM ET STADIUM	1h 23' 57"
5	14	119	IDILI	MASSIMILIANO	SM35	SS283	RUNFAST SASSARI	1h 25' 17"
6	29	9	CAPPAI	ENRICO	SM35	SS257	SOS IDDANOESOS	1h 30' 40"
7	33	13	IDDA	RAFFAELE	SM35	SS257	SOS IDDANOESOS	1h 32' 13"
8	36	14	MARRAS	ANTONIO	SM35	SS257	SOS IDDANOESOS	1h 33' 37"
9	96	121	SAU	ANTONIO	SM35	SS283	RUNFAST SASSARI	1h 48' 56"
10	129	26	RUGGIU	GIOVANNI MARIA	SM35	SS257	SOS IDDANOESOS	1h 57' 14"

SENIOR UOMINI SM40 Mt 18000

1	1	2	ABDELKADER	OUALID	SM40	CA211	CAGLIARI MARATHON CLUB	1h 14' 47"
2	3	90	COSSU	GIUSEPPINO	SM40	SS208	ALGHERO MARATHON	1h 18' 54"
3	6	45	CINUS	PIERPAOLO	SM40	CA239	CAGLIARI ATLETICA LEGGERA	1h 22' 17"
4	28	87	BARBERO	CLAUDIO	SM40	SS208	ALGHERO MARATHON	1h 29' 58"
5	30	79	VIRDIS	ALESSANDRO	SM40	SS064	CCRS SORSO	1h 30' 48"
6	37	138	BUSEDDU	GIAN GAVINO	SM40	SS217	PODISTICA SASSARI	1h 33' 40"
7	44	92	PANFILI	DOMENICO	SM40	SS208	ALGHERO MARATHON	1h 35' 22"
8	51	78	SULAS	ANDREA	SM40	SS064	CCRS SORSO	1h 37' 56"
9	52	44	SERRELI	ANTONIO	SM40	CA236	I.S.D.G.P. Di MARACALAGONIS	1h 38' 03"
10	61	80	GRUSSU	PIETRO	SM40	SS112	ATLETICA BUDDUSO'	1h 40' 59"
11	69	102	MARONGIU	WALTER	SM40	SS217	PODISTICA SASSARI	1h 42' 34"
12	70	105	PIU	SIMONE	SM40	SS217	PODISTICA SASSARI	1h 42' 39"
13	72	16	MARSALA	LUCA	SM40	SS257	SOS IDDANOESOS	1h 43' 14"
14	78	8	CAMPAGNA	SERGIO	SM40	SS257	SOS IDDANOESOS	1h 45' 28"
15	82	104	PINNA	MARCO	SM40	SS217	PODISTICA SASSARI	1h 46' 14"
16	119	130	GUZZETTA	ANTONINO	SM40		RUNCARD	1h 54' 56"
17	125	126	CABRAS	GIUSEPPE	SM40		RUNCARD	1h 56' 01"
18	128	29	SECHI	VITTORIO	SM40	SS257	SOS IDDANOESOS	1h 56' 51"
19	131	34	ZANZA	MARCELLO	SM40	SS257	SOS IDDANOESOS	1h 57' 14"
20	158	60	ARCA	CRISTIAN	SM40	OR209	POLISPORTIVA RUNNERS ORIS1	2h 12' 55"
		31	TAVERA	CESARE	SM40	SS257	SOS IDDANOESOS	
		89	CORDA	GIUSEPPE	SM40	SS208	ALGHERO MARATHON	

SENIOR UOMINI SM45 Mt 18000

1	12	77	SECCHI	FRANCESCO	SM45 SS064	CCRS SORSO	1h 24' 04"
2	15	97	TILOCA	SALVATORE	SM45 SS208	ALGHERO MARATHON	1h 25' 59"
3	17	15	MARRAS	ANGELO	SM45 SS257	SOS IDDANOESOS	1h 26' 27"
4	19	57	DEIDDA	ANDREA	SM45 OR162	ATL MONTE ARCI MARRUBIU	1h 27' 26"
5	22	3	MESINA	LUCA	SM45 NU074	GS ATLETICA OGLIASTRA	1h 28' 24"
6	25	27	SANNA	FRANCESCO	SM45 SS257	SOS IDDANOESOS	1h 29' 38"
7	31	144	PINTUS	SIMONE	SM45 MI271	LA MICHETTA	1h 31' 24"
8	32	35	PICCI	DELIO	SM45 CA032	AS TESPIENSE QUARTU	1h 32' 09"
9	35	103	PASSERO'	MARCO	SM45 SS217	PODISTICA SASSARI	1h 33' 20"
10	38	41	MINGOZZI	FABRIZIO	SM45 CA227	ATLETICA 4 MORI	1h 33' 53"
11	41	124	ARESU	ROBERTO	SM45	RUNCARD	1h 34' 49"
12	50	49	DEIAS	ALESSANDRO	SM45 CA250	MARATHON PORTOSCUSO	1h 37' 25"
13	53	150	D'ANZEO	ATTILIO	SM45 SS247	ALGUERUNNERS ASSOCIAZIONE	1h 38' 07"
14	55	109	IDINI	DANIELE	SM45 SS228	ASSOCIAZIONE SPORTIVA SHAF	1h 39' 08"
15	56	137	TOLIS	PAOLO	SM45	UISP	1h 39' 14"
16	57	68	URGEGHE	FRANCO	SM45 SS026	STUDIUM ET STADIUM	1h 39' 38"
17	60	48	MASCIA	GABRIELE	SM45 CA243	SARRABUS RUNNERS	1h 40' 44"
18	64	112	PISANU	PIETRO	SM45 SS245	ATLETICA ITTIRI CANNEDU	1h 41' 31"
19	80	191	ATZORI	FRANCESCO	SM45	RUNCARD	1h 45' 47"
20	89	91	FLORE	ROBERTO	SM45 SS208	ALGHERO MARATHON	1h 47' 02"
21	95	193	FONNESU	ANDREA	SM45 SS257	SOS IDDANOESOS	1h 48' 29"
22	108	140	MADDALUNO	FERDINANDO	SM45	RUNCARD	1h 51' 32"
23	117	146	COLUMBU	EMANUELE	SM45 RM337	TIBURTINA RUNNING ROMA	1h 54' 03"
24	132	23	PIRAS	GIOVANNI	SM45 SS257	SOS IDDANOESOS	1h 58' 13"
25	147	33	TRINCHILLO	GIUSEPPE	SM45 SS257	SOS IDDANOESOS	2h 03' 08"
26	150	63	LUTZU	GIAN NICOLA	SM45 OR209	POLISPORTIVA RUNNERS ORIST	2h 04' 20"
		11	CUCCHI	SAMUELE	SM45 SS257	SOS IDDANOESOS	
		22	PIRAS	ANTONIO	SM45 SS257	SOS IDDANOESOS	
		62	CUSCUSA	ALESSIO	SM45 OR209	POLISPORTIVA RUNNERS ORISTANO	
		95	RATTU	MAXMILIANO	SM45 SS208	ALGHERO MARATHON	

SENIOR UOMINI SM50 Mt 18000

1	4	120	ROSSO	GIOVANNI	SM50 SS283	RUNFAST SASSARI	1h 21' 27"
2	8	20	MORITTU	ALESSANDRO	SM50 SS257	SOS IDDANOESOS	1h 23' 12"
3	9	127	CARRU	ANGELO	SM50	RUNCARD	1h 23' 33"
4	43	148	BICEGO	LUCA DENIS	SM50 VI667	SPORT REIS	1h 35' 10"
5	45	142	FAIS	LUIGI	SM50F MI276	I GAMBER DE CUNCURESS	1h 35' 43"
6	46	75	FOIS	PIER MARIO	SM50 SS064	CCRS SORSO	1h 35' 49"
7	47	107	SECHI	DANIELE	SM50 SS217	PODISTICA SASSARI	1h 36" 44"
8	65	54	COSTELLA	ROBERTO	SM50 OR027	ATL LEGG ARBOREA	1h 42' 00"
9	67	82	PIRAS	RAIMONDO	SM50 SS125	ATLETICA PLOAGHE	1h 42' 15"
10	71	116	NUVOLI	SALVATORE	SM50 SS247	ALGUERRUNNERS	1h 42' 42"
11	75	86	BAFFO	GIUSEPPE	SM50 SS208	ALGHERO MARATHON	1h 44' 22"
12	79	94	PIRAS	RAFFAELE	SM50 SS208	ALGHERO MARATHON	1h 45' 32"
13	81	139	MARAZZI	ALBERTO	SM50	RUNCARD	1h 46' 10"
14	85	39	SIDDU	STEFANO	SM50 CA145	ATLETICA VILLAMARESE	1h 46' 45"
15	86	195	BURRUNI	RICCARDO	SM50	ACSI	1h 46' 46"
16	90	192	PETRUCCI	ANTONIO	SM50	UISP	1h 47' 11"
17	93	196	FILIPPONE	MASSIMO	SM50FI450	UNIONE SPORTIVA NAVE	1h 47' 47"
18	106	118	FERRACCILOLO	CARLO	SM50 SS282	SPORTISOLA LA MADDALENA	1h 51' 03"
19	113	17	MELONI	GIOVANNI	SM50 SS257	SOS IDDANOESOS	1h 52' 21"
20	114	141	COSSU	ALESSANDRO	SM50	UISP	1h 53' 04"
21	121	145	SATARIANO	MICHELE	SM50 SV561	PODISTICA SAVONESE	1h 55' 22"
22	130	43	SERRA	AGOSTINO	SM50 CA236	I.S.D.G.P. Di MARACALAGONIS	1h 57' 14"
23	135	12	DIOZZI	GIANMARCO	SM50 SS257	SOS IDDANOESOS	1h 58' 54"
24	143	93	PICCHEDDA	GIUSEPPE	SM50 SS208	ALGHERO MARATHON	2h 02' 29"
25	146	28	SANNA	ANGELO	SM50 SS257	SOS IDDANOESOS	2h 03' 08"
		19	MONTI	VINCENZO	SM50 SS257	SOS IDDANOESOS	
		24	ROSSI	ALESSANDRO	SM50 SS257	SOS IDDANOESOS	

113	BALLONE	SALVATORE	SM50	SS247	ALGUERRUNNERS
128	DEIDDA	ROBERTO	SM50		RUNCARD

SENIOR UOMINI SM55 Mt 18000

1	13	64	DI PETRILLO	ALBERTO	SM55	SI377	UISP ABBADIA SAN SALVATORE	1h	25'	04"
2	16	51	GIUSTI	DANIELE	SM55	LU103	GS ORECCHIELLA	1h	26'	22"
3	18	147	MARTINO	LEONE	SM55	RM115	ATL LA SBARRA	1h	26'	31"
4	20	58	FIORI	STEFANO	SM55	OR172	MARATHON CLUB ORISTANO	1h	28'	01"
5	39	10	CASULA	PIETRO	SM55	SS257	SOS IDDANOESOS	1h	34'	21"
6	40	134	RICCI	ANDREA	SM55		UISP	1h	34'	29"
7	49	83	SOLINAS	GIOVANNI	SM55	SS125	ATLETICA PLOAGHE	1h	37'	22"
8	62	135	SECCHI	FILIPPO	SM55		RUNCARD	1h	41'	18"
9	84	47	ZEDDA	GIUSEPPE	SM55	CA239	CAGLIARI ATLETICA LEGGERA	1h	46'	42"
10	91	114	CARTA	ANTONELLO	SM55	SS247	ALGUERRUNNERS	1h	47'	38"
11	97	40	URRU	MASSIMO	SM55	CA201	ATL EDOARDO SANNA ELMAS	1h	48'	57"
12	98	53	FADDA	ALBERTO	SM55	NU147	CIRC SPORT DIL ATL AMATORI	1h	49'	17"
13	101	37	SERRA	GUIDO	SM55	CA145	ATLETICA VILLAMARESE	1h	49'	54"
14	102	98	AZZU	MARIO	SM55	SS217	PODISTICA SASSARI	1h	50'	21"
15	103	125	CABITZA	PIETRO SIMONE	SM55		RUNCARD	1h	50'	31"
16	104	194	CIOCCA	FABIO ANGELO	SM55	BG166	AVIS TREVIGLIO G. BRUSAFERI	1h	50'	39"
17	109	100	CROBU	ALBERTO	SM55	SS217	PODISTICA SASSARI	1h	51'	32"
18	116	133	PITTALIS	SANDRO	SM55		UISP	1h	53'	52"
19	123	5	BALDINU	SEBASTIA	SM55	SS257	SOS IDDANOESOS	1h	55'	36"
20	124	110	CADONI	ANGELO	SM55	SS245	ATLETICA ITTIRI CANNEDU	1h	55'	58"
21	133	59	MANCOSU	SALVATORE	SM55	OR172	MARATHON CLUB ORISTANO	1h	58'	20"
22	144	129	FIORI	DANIELE	SM55		RUNCARD	2h	02'	36"
23	145	143	FRANCINI	GUGLIELMO	SM55	LU106	ATL CAMAIORE	2h	02'	44"
24	149	67	PERALTA	MARCELLO	SM55	SS026	STUDIUM ET STADIUM	2h	04'	00"
25	157	197	CHESSA	FRANCO	SM55	SS247	ALGUERRUNNERS	2h	10'	14"
26	161	149	SAULIG	PIERPAOLO	SM55		RUNCARD	2h	14'	31"
27	162	70	LEONI	SETTIMO	SM55	SS059	ATL LEGG PORTO TORRES	2h	15'	14"
28	168	4	BALDINU	LEONARDO	SM55	SS257	SOS IDDANOESOS	2h	18'	10"
		6	CABRAS	NICOLO'	SM55	SS257	SOS IDDANOESOS			
		115	MURA	GIOVANNI	SM55	SS247	ALGUERRUNNERS			

SENIOR UOMINI SM60 Mt 18000

1	23	52	CARTA	GIUSEPPE	SM60	NU074	GS ATLETICA OGLIASTRA	1h	28'	24"
2	24	42	URAS	PIETRO	SM60	CA227	ATLETICA 4 MORI	1h	29'	17"
3	54	71	MURRU	GIOVANNI	SM60	SS059	ATL LEGG PORTO TORRES	1h	38'	33"
4	66	131	LITTARRU	RENATO	SM60		RUNCARD	1h	42'	12"
5	73	81	OLMETTO	VITTORIO	SM60	SS125	ATLETICA PLOAGHE	1h	44'	01"
6	74	18	MELONI	GIUSEPPE	SM60	SS257	SOS IDDANOESOS	1h	44'	17"
7	76	32	TIDORE	VITTORIO	SM60	SS257	SOS IDDANOESOS	1h	44'	51"
8	77	96	SANDRONI	ALESSANDRO	SM60	SS208	ALGHERO MARATHON	1h	45'	19"
9	107	108	FALCHI	GIOMMARIA	SM60	SS228	ASSOCIAZIONE SPORTIVA SHAF	1h	51'	15"
10	115	36	MATTA	FEDERICO	SM60	CA081	POLISPORTIVA ISILI	1h	53'	24"
11	120	56	CORRIGA	CARMINE	SM60	OR119	GS ATL BAULADU	1h	55'	17"
12	127	46	PINNA	MARIO	SM60	CA239	CAGLIARI ATLETICA LEGGERA	1h	56'	37"
13	136	74	PEDDIO	FAUSTO	SM60	SS059	ATL LEGG PORTO TORRES	1h	59'	18"
14	140	117	PIGO'	ROBERTO	SM60	SS247	ALGUERRUNNERS	2h	01'	04"
15	151	66	DETTORI	MASSIMO	SM60	SS021	ASC ATL SAN GIOVANNI	2h	04'	33"
16	152	65	D'ELIA	LORENZO	SM60	SS021	ASC ATL SAN GIOVANNI	2h	04'	36"
17	155	72	NUGHES	SALVATORE	SM60	SS059	ATL LEGG PORTO TORRES	2h	06'	48"
		21	PINNA	GIOVANNI	SM60	SS257	SOS IDDANOESOS			
		30	SOTGIU	ALBERTINO	SM60	SS257	SOS IDDANOESOS			
		132	MULAS	GIUSEPPE	SM60		RUNCARD			

SENIOR UOMINI SM65 Mt 18000

1	59	85	BUTTAU	WALTER	SM65	SS173	SOC ATL TEMPIO PAUSANIA	1h 40' 25"
2	112	55	NUVOLI	LUIGI	SM65	OR027	ATL LEGG ARBOREA	1h 52' 10"
3	118	38	SERRA	OTTAVIO	SM65	CA145	ATLETICA VILLAMARESE	1h 54' 06"
4	138	73	PECORARI	CLAUDIO	SM65	SS059	ATL LEGG PORTO TORRES	2h 00' 24"

SENIOR UOMINI SM70 Mt 18000

1	134	106	SANNA	GIANFRANCO	SM70	SS217	PODISTICA SASSARI	1h 58' 38"
2	169	88	CONCAS	PALMIRO	SM70	SS208	ALGHERO MARATHON	2h 47' 48"

SENIOR UOMINI SM75 Mt 18000

1	166	123	FLORIS	RAFFAELE	SM75	TO271	TEAM MARATHON	2h 16' 14"
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